



Chains Be Broken: Finding Freedom from Cutting, Anxiety, Depression, Anorexia, and Suicide (Paperback)

By Shannon Leigh Rowell

Higherlife Development Service, United States, 2010.
Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book. Shannon listened as the counselor talked to her mother. He explained that kids involved with cults have a very low recovery rate. Add anorexia, depression, cutting, and substance abuse, and Shannon was quickly labeled a lost cause. Be prepared, the counselor told Shannon's mother. You may lose your daughter. There are no lost causes! Chains Be Broken is Shannon's story, told in her own words. Maybe it is your story too, or the story of a child or loved one. The details of Shannon's spiral into the depths of darkness are not for the faint-of-heart- yet her story is full of hope and the power of God to break even the strongest chains that surround a young person's heart.



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Reviews

This book is definitely worth getting. It usually will not price too much. Its been printed in an extremely simple way in fact it is only right after i finished reading this publication where basically altered me, modify the way i think.

-- **Avery Daugherty**

A top quality ebook as well as the typeface used was interesting to see. It usually fails to charge an excessive amount of. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Dr. Isabell Wiza DDS**