



Early Steps Physical Education Curriculum: Theory and Practice for Children Under 8

By Evridiki Zachopoulou, Ian Pickup, Jarmo Liukkonen, Niki Tsangaridou

Human Kinetics Publishers, 2009. Softcover. Book Condition: New. Children under the age of 8 \"love\" to move--be it run, hop, jump, wriggle, squiggle, skip, or tumble. Now, with \"Early Steps Physical Education Curriculum: Theory and Practice for Children Under 8,\" you can turn that natural energy and enthusiasm into solid social learning and a lifelong love for healthy and active lifestyles. Four top educators from Scandinavia, Greece, Cyprus, and the United Kingdom help you understand ways to promote children's learning and enhance their intrinsic motivation to be physically active. The authors explore pertinent topics for teachers: - Child-centred teaching methods - Behavior of effective teachers - How to develop intrinsic motivation through physical education - Curriculum standards with goals and objectives describing what children have learned after lessons are implemented The authors also present the complete physical education curriculum, including 48 lesson plans, for children up to the age of 8. You receive social interaction lesson plans, healthy behavior lesson plans, and evaluation methods. Each lesson plan has specific goals and objective to be achieved, offers specific points of emphasis to consider as you implement the lesson, and comes with ideas for modifying it according to the children's needs. These...



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