



The Skinny Soup Maker Recipe Book: Delicious Soup Machine Recipes Under 100, 200 and 300 Calories (Paperback)

By Cooknation

Bell Mackenzie Publishing, United Kingdom, 2013. Paperback. Book Condition: New. 196 x 126 mm. Language: English . Brand New Book ***** Print on Demand *****.The Skinny Soup Maker Recipe Book Delicious Low Calorie, Healthy and Simple Soup Machine Recipes Under 100, 200 and 300 Calories.Perfect For Any Diet and Weight Loss Plan. Are you looking for delicious, simple, low calorie soup recipes for your soup making machine? Would you like new and interesting, as well as traditional soup ideas to give your mealtimes a boost? Are you following a diet and need some new calorie friendly ideas to keep you motivated? The Skinny Soup Maker Recipe Book provides the answer to all these questions and more. Packed with simple, tasty, low-calorie recipes, this cookbook guides you through a range of versatile and innovative soup ideas perfect for ANY time of the year ! Drawing inspiration from around the world and making use of fresh, seasonal ingredients these delicious soups can be prepared and cooked in under 30 minutes and ALL fall under either 100, 200 or 300 calories.Although our recipes have been written specifically for soup making machines, they can easily be adapted to suit the traditional stove-top method of...



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